

How to use Tubigrip™

By: Mölnlycke Health Care, January 17 2012 **Posted in:** [Wound care dressing how-tos](#)

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1. Cut Tubigrip to twice the length required for limb, allowing an extra 2–3cm for overlap.
2. Pull Tubigrip onto limb like a stocking.
3. Double Tubigrip back over limb. Ensure upper edge is taken 2–3cm higher up the limb than the first.

<http://www.molnlycke.com/knowledge/wound-care-dressings-how-to/how-to-use-tubigrip/>