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PROFORE[®] LITE

A Multi-layer Compression Bandage System



Step 1

It is important to check the following

Wash and dry the leg and apply a moisturizing cream to the unbroken skin.

Step 1a

Apply the PROFORE[®] WCL dressing.

Apply the PROFORE[®] WCL sterile wound contact layer directly over the wound surface. If the wound is larger than the contact dressing, PROFORE[®] WCL dressings may be purchased separately. The contact dressing will not stick to the surface of the wound, and when the wound begins draining after compression is applied, the drainage will pass through the contact dressing to be absorbed by the padding layer.

Step 2

Apply PROFORE[®] #1 Absorbent Padding Bandage.

With the foot flexed to 90 degrees, apply from the base of the toes to the knee using a simple spiral technique and 50% overlap. Do not apply tension. Ensure that bony prominences are padded so that the ankle measurement is greater than 18 cm or 7¼ inches. Any leftover padding may be applied directly over the wound to absorb more wound drainage.

Step 3

Apply PROFORE[®] #2 Light Conforming Bandage

Keeping the foot flexed to 90 degrees, apply PROFORE[®] #2 from the base of the toes to the knee using a simple spiral technique and 50% overlap. Ensure that the heel is completely covered. Secure at the top with a piece of tape or ask the patient to hold it in place.

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