

# PRUNE

**Fiber-Stat®** with FOS and prune juice concentrate to help support bowel health.

## Main Features

- 15 grams of soluble prebiotic fiber (60% DV) in 1 fl oz
- Contains fructo-oligosaccharides (FOS) and polydextrose to support gut health<sup>1,2</sup>
- Ready to drink or mix with any food or beverage
- Thin viscosity
- Lactose free, gluten free, and soy free
- Kosher
- For oral and enteral use under medical supervision

## Directions for Use

### Oral Feeding:

To add 15 g of soluble fiber to the diet, take 1 fl oz (30 mL) a day. Can be taken straight or mixed with any hot or cold beverage.

### Tube Feeding:

1. Flush feeding tube with 30-60 mL water.
2. Measure and administer the prescribed dose via syringe.
3. Administer Fiber-Stat straight into the enteral tube.
4. Flush the tube with additional 30-60 mL water.

## Precautions:

- Do not consume more than 2 fl oz (60 mL) per day without healthcare provider recommendation.
- Do not use if intestinal obstruction, fecal impaction or known allergy to any component is present.
- Not for parenteral use.

## Storage:

- Store at room temperature
- Refrigeration causes gelling
- Discard 3 months after opening
- Record date opened on bottom of container
- **Do Not Use If Seal Is Broken.**

1. Losada, MA & Olleros, T. *Nutr Res*. 2002.  
2. Jie, Z et al. *Am J Clin Nutr*. 2000.



# NUTRICIA Fiber-Stat®

## Prebiotic Soluble Fiber to Help Support Bowel Health



Contains 12% Prune Juice Concentrate

**Fiber-Stat®** is a low volume liquid prebiotic fiber medical food for the dietary management of bowel regularity in persons unable to meet fiber requirements through a normal diet.

Nutrients	per 30 mL serving
Calories	50 kcal*
Carbohydrate	25 g
Total Sugar	2.5 g
Dietary Fiber	15 g
Soluble Fiber	15 g
Sodium	15 mg
Potassium	52 mg
Phosphorus	25 mg

**Ingredients:** Water, Polydextrose\*\*, Glycerin, Prune Juice Concentrate, Fructo-oligosaccharides (FOS). Contains 2 % or less: Sodium Benzoate (to help protect flavor), Potassium Sorbate (to help protect flavor), Phosphoric Acid.

**Distributed by:** Nutricia North America,  
Rockville, MD 20850  
1.800.221.0308 • [www.pro-stat.com](http://www.pro-stat.com)

**Lactose Free, Gluten Free, and Soy Free.**

\*Glycerin & polydextrose provide a source of calories.

**Viscosity:** Thin

**Indications:** Bowel regularity, Constipation, Low fiber intake, Colon health and balance

\*\*A source of soluble fiber

**Use under medical supervision. Suitable for adults.**  
Intake to be determined by your healthcare provider.

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**FPO**