

## How It Works

### Why Pore Size Matters



**COPA Pores**  
(enlarged)

The pores of COPA™ Foam Dressings wick exudate into the center, decreasing pooling and skin maceration. The smaller the pore, the less likely new skin on a healing wound will migrate into the foam. Small pore size results in the dressing's signature feel—ultra-soft and satiny smooth.

### The Power of "COPA Sunshine" Yellow

The "COPA Sunshine" yellow polyurethane top sheet works on two levels to help maximize healthy healing. First, it seals exudate into the foam, preventing strike through that causes leakage and encourages cross-contamination. Second, COPA™ Plus and COPA™ Island Foam Dressings are specially designed to ventilate the wound, further reducing the risk of skin maceration.

### COPA™ Foam Dressing User's Guide

**DESCRIPTION:** COPA™ Hydrophilic Foam Dressings provide an ideal moist environment for a wide variety of wounds. This highly absorbent, non-linting dressing is designed to protect and cushion moderate to heavily exuding wounds. COPA™ Foam Dressings are semi-occlusive allowing the exchange of gases such as oxygen and water vapor. Its soft, flexible nature allows the dressing to conform easily to all body contours. COPA™ Foam Dressings are non-adherent, making dressing changes easy and comfortable.

**INDICATIONS FOR USE:** Post-surgical incisions, pressure sores, venous stasis ulcers, diabetic ulcers, donor sites, abrasions, lacerations, superficial burns, other wounds inflicted by trauma and, as a secondary dressing or cover dressing for packed wounds. It is an ideal dressing in the local management of exudate that may occur at surgically induced body drainage sites such as a tracheostomy, G-tube, J-tube, Penrose drain, chest tube, nephrotomy tube or sump drain.

**PRECAUTIONS:** COPA™ Foam Dressings are not intended for full thickness burns.

**PREPARING THE WOUND SITE:** Cleanse the wound area if necessary using a non-toxic cleaning solution such as CONSTANT-CLENS™\* Wound Cleanser or saline. Rinse and dry the wound and surrounding areas thoroughly before dressing application.

**APPLYING TO THE WOUND SITE:** Select the dressing which will provide a minimum of a 2 inch (5cm) foam margin around the edges of the wound. If necessary, cut the dressing to size to ensure a smooth, continuous fit with the skin surface. (COPA™ Foam Dressings should be applied with the white side touching the dressing site or with topsheet up.) Place COPA™ Dressing directly onto the wound surface and hold in place by covering with POLYSKIN™ II Dressing, KERLIX™ or CURITY™ Gauze Bandage Rolls, TENSOR™ Elastic Bandage, CONFORM™ Stretch Bandage, adhesive tape or other appropriate secondary dressing. If using COPA™ Island Foam Dressings, use of the above-mentioned products will not be needed to hold the dressing in place.

**FREQUENCY OF CHANGE:** The high absorbency of COPA™ Foam Dressing minimizes the need for dressing changes. In actual use, the frequency of changes will depend upon the nature and condition of the wound and the amount of exudate. For clean, superficial wounds, without any signs of saturation or infection, it may be left in place for up to one week.

**DRESSING CHANGE AND REMOVAL:** The COPA™ Foam Dressing should be changed when signs of saturation are visible along the edge of the dressing or whenever good nursing practice dictates. To change the dressing, remove the securing bandages or tape and carefully lift the dressing off the wound. COPA™ Foam Dressings are non-adherent, non-adhesive and non-gelling. Dressing changes are fast, comfortable and will not disrupt healing granulation tissue.

**DRESSING EXPANSION:** COPA™ Foam Dressings absorb exudate and will expand and "grow" in size due to cellular structure of the dressing.