<u>Instructions for Super Poligrip 5365</u>

Applying zinc-free Super Poligrip® denture adhesive cream:

- 1. Clean and dry your dentures.
- 2. Apply adhesive in short strips, not too close to denture edges.
- 3. Rinse mouth before inserting dentures.
- 4. Press dentures firmly into place, hold firmly, and bite down for a few seconds to secure.