

Contraindications include, but are not limited to:

Patients with ostomy, colostomy, G-tubes, Hernias, severe Cardio Obstructive Pulmonary Disease (COPD), as well as those with post-surgery incisions, or fitted with monitoring equipment, tubes or lines that might be compromised by the pressure or the rubbing against a Gait Belt. NEVER apply a Gait Belt if there is any compromise of safety or indication of inappropriateness to the patient or caregiver.

Monitoring

⚠️WARNING Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Check for skin integrity, proper circulation and range of motion and rehabilitation. ALWAYS test to make sure the belt is applied securely and will not loosen or give when transferring patient.

Inspection

⚠️WARNING Inspect before each use: check for broken stitches or parts; torn, cut or frayed material; or buckles that are cracked or broken and do not hold securely. DO NOT use soiled or damaged products.

Application Instructions for Metal Buckle:

1. With the Posey label facing outside, wrap the belt around the patient's waist, pass the metal tip of the belt through the buckle and over the teeth of the buckle (Fig. 1).
2. Bring the tip of the belt across the front of the buckle and slip it through the other side (Fig. 2). Adjust it so it is snug, but not uncomfortable for the patient. You should be able to slip your open hand (flat) between the belt and the patient.
3. The strap should lay flat across the buckle. Tuck excess under the belt (Fig. 3). ALWAYS verify proper closure before use.
4. ALWAYS grasp the transfer belt from underneath (Fig. 4). Assist patient using your facility's approved procedures.

