Posey® Foam Heel Guards - 6127, 6145, 6145BT

Quality Products since 1937

WOUND PREVENTION

⚠CAUTION Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Inspect the patient's leg at least every two hours to check for skin integrity, blood circulation and adequate allowance for movement of lower leg and foot.

INSPECTION

⚠WARNING Inspect products before each use: check for broken stitches; or torn, cut or frayed material. DO NOT use soiled or damaged products.

POSEY HEEL GUARD

Posey Heel Guards help provide protection of the lower leg/foot to prevent skin breakdown. Side ventilation holes promote air circulation. Light blue foam. One pair per package.

2 LATEX

REF **6127** 12"L x 7½"H (30 cm x 19 cm)

APPLICATION INSTRUCTIONS:

1. Unfasten hook and loop straps.
2. Orient the Heel Guard with the long side positioned under the leg.
3. Place the patient's heel in the Heel Guard so that the heel is situated over the heel cutout.
4. Fasten in place with the hook straps. Check to make sure circulation is not impaired by making sure straps are not too tight on the leg.
5. Ensure that Heel Guard cannot be easily removed from the patient's leg.

POSEY PREMIUM HEEL GUARD

The Posey Premium Heel Guard is a feature-enhanced heel guard designed to help prevent skin breakdown, offload the heel and aid in the prevention of foot drop, without compromising skin integrity of the lower leg and foot. Yellow foam. One per package.

2 LATEX

- Adjustable foam elevation block insert provides optimal pressure offloading of the heel.
- Foam foot drop straps allow easy adjustment for foot drop control.
- Outer lining reduces friction against bed sheets and provides strap attachment points.
- Durable high resilience foam. Waffle pattern helps prevent pressure points.
- Side ventilation holes promote air circulation.

REF **6145** 14"L x 11"H (36 cm x 28 cm)

APPLICATION INSTRUCTIONS:

1. Follow general instruction of the 6127 Heel Guard (see above).
2. Place the patient's foot so that the heel is centered over the heel opening. Reposition elevation block as required (Fig. 1).
3. Securely apply ankle straps across calf to the opposing side. Place fingers through the heel opening to ensure that the heel is properly isolated (Fig. 2), or pressure on the heel may result.
4. For foot drop control, either criss-cross the straps over the patient's foot, or align the straps along either side and securely attach them to the outside of the Heel Guard (Fig 3).

POSEY PREMIUM SKIN TRACTION HEEL GUARD/ADD-ON SKIN TRACTION HARNESS ASSEMBLY

The Posey Skin Traction Heel Guard features a traction bar and straps, as well as a larger calf support area for pre-surgical preparation of bone fractions and other ailments. Post surgery, the traction bar assembly can be removed and the Heel Guard can be continued to be used as a Premium Heel Guard protector to help prevent skin breakdown, offload the heel and aid in the prevention of foot drop, without compromising skin integrity of the lower leg and foot during recovery. Yellow foam. One per package.

2 LATEX

REF **6145BT** Skin Traction Heel Guard, 18"L x 11"H (46 cm x 28 cm) with Skin Traction Harness
REF **6146** Add-on Skin Traction Harness Assembly only (can also be used on the 6145)

APPLICATION INSTRUCTIONS:

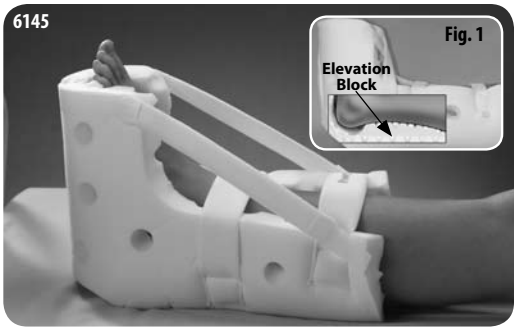
1. Follow general instruction of the 6145 Premium Heel Guard (see above) and prepare the product for application as shown (Fig 4).
2. Readjust the traction bar assembly straps along the side of the Heel Guard as necessary (Fig 5).
3. Adjust the straps so that the bar is perpendicular to the patient's leg.
4. Attach the cord to the traction weight. Ensure that traction weight hangs off the end of the bed. Maximum recommended weight is 10 lbs.

LAUNDERING INSTRUCTIONS

Posey Heel Guards are single-patient use products and are not intended for use on multiple patients.

DISPOSAL

⚠WARNING Properly dispose of the product per facility's policy for BIOHAZARDOUS materials.



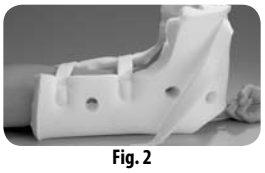
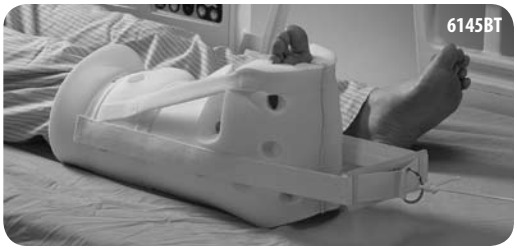


Fig. 2

Fig. 3



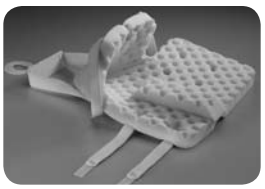


Fig. 4

Fig. 5

STORAGE AND HANDLING

This device is designed for use in normal indoor environments. This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

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