

Drug Facts

Active Ingredient (in each softgel) **Purpose**

Docusate Sodium 100 mg.....Stool Softener Laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 12 to 72 hours

Warnings

Ask a doctor before use if you

- have stomach pain, nausea or vomiting
- have a sudden change in bowel habits that persists over a period of 2 weeks
- are presently taking mineral oil

Stop use and ask a doctor if

- you need to use a laxative longer than 1 week
- you have rectal bleeding or fail to have a bowel movement. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended dose
- adults and children 12 years and older: take 1-2 softgels daily until first bowel movement; 1 softgel daily thereafter, or as directed by a doctor
- children under 12: consult a doctor

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**Stool
Softener**

Docusate Sodium

**1000 Softgels
100 mg each**