

A leg bag is a small drainage bag for a urinary catheter. Wash your hands with soap and water before handling your leg bag or catheter. Place a towel on your leg underneath the catheter tubing in order to catch drips. Clean the connection between the catheter tubing and drainage tube leading to the collection bag using alcohol pads or cotton balls dipped in rubbing alcohol. Pinch the catheter tubing to prevent leaks. Pull the drainage tube out of the catheter tube by gently twisting it. In its place, connect the drainage tube leading to the leg bag. Make sure the drainage tube for the leg bag is the correct length. It should be long enough to reach your calf when your leg is bent. Secure the leg bag to your calf with the leg straps. Use another leg strap to secure the drainage tube to your thigh. Open the spigot at the bottom of the leg bag to empty it when it becomes one-third to one-half full. Empty it into the toilet. Clean the spigot with rubbing alcohol and a cotton ball or an alcohol pad. Clean the bag every other day with a solution of one part vinegar to two parts water and switch to a new bag about every two weeks, or more frequently if the bag appears contaminated.