Active Ingredients: L-Lysine 500 mg

Inactive Ingredients: Cellulose (plant origin), Croscarmellose, Silica, Cellulose Coating, Vegetable Magnesium Stearate, Titanium Dioxide Color.

Free of: Yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium (less than 5 mg per serving).