

Active Ingredients: Thiamine 100 mg, Calcium 80 mg, Phosphorus 24 mg

Inactive Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Maltodextrin, magnesium Stearate, Silicon Dioxide

Free of: Yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving)