

1. Do not take more than directed
2. The smallest effective dose should be used
3. Do not take longer than 10 days, unless directed by a doctor
4. Drink a full glass of water with each dose

Adults and children 12 years and older:

- a) Take caplet every 8 to 12 hours while symptoms last
- b) For the first dose you may take 2 caplets within the first hour
- c) Do not exceed 2 caplets in any 8-12 hour period
- d) Do not exceed 3 caplets in a 24 hour period