- 1. Chew or dissolve in mouth
- 2. Adults and children 12 years and over: 2 tablets every ½ to 1 hour as needed
- 3. Do not take more than 8 doses (16 tablets) in 24 hours
- 4. Children under 12 years: ask a doctor
- 5. Drink plenty of fluids to help prevent dehydration which may accompany diarrhea