

Active Ingredients: Magnesium (as Magnesium Oxide) 500 mg

Inactive Ingredients: Microcrystalline Cellulose, Dicalcium Phosphate, Croscarmellose Sodium, Stearic Acid, Hypromellose, Polyethylene Glycol, Poloxamer, Titanium Dioxide, Magnesium Stearate, Crospovidone, Magnesium Silicate, Triacetin, Mineral Oil and Sodium Lauryl Sulfate

Free of: Yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium (less than 5 mg per serving).