

## Dear customer,

Thank you for placing your trust in a Bauerfeind product. In choosing the MalleoLoc®, you have acquired a high-quality medical product.

Please carefully and fully read the instructions for use carefully in full, as they contain important information concerning use, indications, contraindications, fitting, care and disposal of the MalleoLoc®. Please keep these instructions safe, as you may want to read them again later. Should you have any questions, please consult the physician providing your treatment, your specialist retailer, or our technical service department.

### **Intended use**

The MalleoLoc® is a stable orthotic device which is anatomically contoured to fit the ankle joint. The MalleoLoc® prevents sideways tilting, and provides effective support for muscular stabilization. MalleoLoc® can be adjusted individually using the adjustable velcro straps. MalleoLoc® can be worn comfortably in regular shoes and sports shoes.

### **Indications**

- Early functional treatment for injuries of the lateral malleolar ligaments
- Postoperative protection after ligamental suturing/reconstruction
- Conservative treatment for severe ankle joint distortion and ruptured ligaments
- Chronic ligament insufficiency

### **Permissible conditions and places of use**

In accordance with the indications (ankle joint).

### **Application risks**

#### **Caution\***

Combination with other products, e. g. compression stockings, should be discussed beforehand with the physician treating you. Should you notice any unusual changes (e.g. increased symptoms), please contact your physician without delay. No product liability is accepted in the event of improper use. Avoid the use of ointments, lotions or any substances including grease or acids.

Do not make any changes to the product. Failure to comply can impair the performance of the product, in which case product liability is excluded.

No side effects that affect the entire body have been reported to date. Correct fitting is assumed. Do not fit the MalleoLoc® too tightly, as otherwise local signs of pressure can occur. In rare cases, constriction of blood vessels and nerves may occur. If this happens, loosen the straps of the MalleoLoc® and, if necessary, check the size of your MalleoLoc®.

### Contraindications

Hypersensitivity reactions harmful to health have not been reported to date. In the following conditions such aids should only be fitted and applied after consultation with your physician:

- Skin disorders/injuries in the relevant part of the body, particularly if inflammation is present. Likewise, any raised scars with swelling, redness and excessive heat build-up
- Impaired sensation and circulatory disorder of the legs or feet, e. g. in diabetes mellitus
- Impaired lymph drainage, including soft tissue swelling of uncertain origin located some distance away from the support.

### Application instructions

*Putting on / taking off the MalleoLoc®*

Sit down to put on the MalleoLoc®.

➊ Open the two velcro straps. ➋ Push the loop of the lower strap down and out of the holder, to loosen the strap. ➌ Turn the MalleoLoc® so that the straps point inwards. The projection on the lower end of the shell points forwards. ➍ Now place the foot centrally in the shell of the MalleoLoc®. The inner part of the stay will be located behind the centre of the ankle and the outer part will be in front of the centre of the ankle.

➎ Close the upper strap by placing it around the ankle joint from the back. When applying the strap, make sure that it sits without folds.

The lower strap is now placed around the foot and lower leg in the shape of a figure of eight. To do this, proceed as follows:

➏ Place the strap diagonally over the back of the foot, towards the back, around the lower leg. ➐ Now guide the strap diagonally forwards once more, to the outer side of the foot, and ➑ push the loop from the bottom to the top, into the holder. ➒ Fasten the end of the strap upwards onto the part of the strap lying underneath

## Cleaning instructions

**Note:** Never expose the MalleoLoc® to direct heat (e.g. heaters, sunlight, in your car etc.)! This may damage the material. This can impair the effectiveness of the MalleoLoc®.

For cleaning, remove the straps from the MalleoLoc®.

### *MalleoLoc® shell*

To avoid damage to the product, wipe the shell of the MalleoLoc® with a mild detergent only.

### *MalleoLoc® straps*

Close the velcro fastening to avoid damaging the product. Wash the straps separately in a laundry net, using a mild detergent, in the 30 °C "Delicates" cycle. Spin the straps at a maximum of 500 r.p.m.



## Maintenance instructions

If handled and cared for correctly, the product is practically maintenance-free.

## Assembly and fitting instructions

The MalleoLoc® is supplied ready for use.

*Assembling the MalleoLoc® after cleaning:*

*Fitting the loop:*

**I** Hold the loop with the tip pointing downwards and the Bauerfeind logo "B" forwards between thumb and forefinger. Now guide the strap with the light gray broad side through the loop from the front.

*Fitting the straps:*

Place the long strap that you have just fitted with the loop in front of you, with the dark gray side upwards. **II** Guide the strap with the narrow side from the outside inwards, through the lower (closed) part of the MalleoLoc® shell.

**III** Now guide the short strap with the dark gray side pointing upwards from the inside outwards, through the open part of the MalleoLoc® shell.

## Technical specifications / parameters, accessories

The MalleoLoc® is an orthotic support for the ankle with two straps attached to it. The straps are removable. In addition, a loop for fastening is fitted to the lower (longer) strap.

The two straps and the loop are available as spare parts.

### **Notes on reuse**

The MalleoLoc® is intended for your treatment only.  
For this reason, do not pass the MalleoLoc® on to other people.

### **Warranty**

Warranty is provided in accordance with the statutory provisions as well as the terms of supply and contractual terms of Bauerfeind AG (AGB), as long as all the points mentioned above are observed.

If you have any complaints, please contact your medical retailer only. We would point out that only clean goods can be dealt with.

### **Disposal**

This product can be disposed of in household waste.

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