

Instructions on how to use Hydrogel Second Skin:

Method of use

When Spenco 2nd Skin is removed from the pack, it is covered with one clear and one blue sheet of polyethylene film. Prior to use the blue film is removed, and the gel placed directly in contact with the wound. The second transparent sheet (on the outer surface of the dressing) may be left in position to conserve moisture, if the wound is relatively dry but on more moist wounds the second sheet should be removed to facilitate the passage of water vapour through the gel and prevent tissue maceration due to excessive fluid build-up. Once applied, the dressing is usually covered with an absorbent pad held in place with tape or a bandage, as appropriate.

For lightly exuding wounds on areas that are difficult to dress with Spenco 2nd Skin, such as the sacral region, a dressing retention sheet (such as [Hypafix](#) or [Mefix](#)) may be used to form an island dressing. On dry wounds, there is sometimes a possibility that the dressing will dry out. If this occurs, Spenco 2nd Skin may be readily rehydrated with sterile water or normal saline prior to removal.

Frequency of Change

The frequency of dressing changes will depend entirely upon the nature and condition of the wound. On clean, lightly exuding wounds, the dressing may be left undisturbed for 3-4 days, or sometimes longer; but on more heavily exuding wounds, daily changes may be required.