

redness, swelling or an unusual odor or discharge, see a health care professional. Tegaderm™ Foam Adhesive dressing may be used on infected wounds only under the care of a health care professional.

4. If the wound does not begin to show signs of healing or if any other unexpected symptoms occur, consult a health care professional.

### Directions for Use:

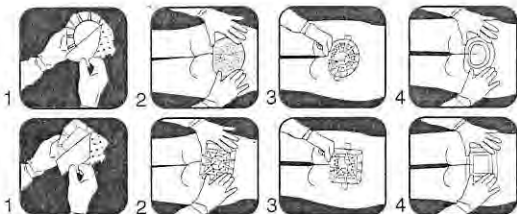
Note: Follow facility guidelines for infection control.

#### Before Using the Dressing:

1. Clip excess hair for patient comfort.
2. Cleanse wound and surrounding skin according to facility policy. Note: If periwound skin is fragile or exposure to wound exudate is likely, apply a barrier film. Allow the barrier film to dry before dressing application.
3. Assess wound. Select appropriate size dressing to ensure that the foam pad is larger than the wound area.

#### Applying the Dressing:

1. Remove dressing from package.
2. Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border (Figure 1).
3. While holding the tabs, position the dressing over the wound.
4. Gently press the adhesive film border to the skin (Figure 2). Avoid stretching the dressing or the skin.
5. Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed (Figure 3).
6. Firmly press and conform the adhesive border to the skin (Figure 4).



#### Heel/Elbow Application

1. Remove dressing from package.
2. Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border (Figure 1).
3. While stabilizing the leg or surrounding tissue with one hand, position the dressing over the wound (Figure 2).
4. With one hand, press or "cup" the dressing onto the skin. Continue to press and conform the dressing and adhesive border onto the skin (Figure 3).
5. Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed (Figure 4).
6. Firmly press and conform the adhesive border to the skin (Figure 5).



#### Removing the Dressing:

1. Carefully lift the dressing edges from the skin. If there is difficulty lifting the dressing, apply tape to the edge of the dressing and use the tape to lift.
2. Continue lifting the edges until all are free from the skin surface. Remove the dressing.

#### Dressing Change Considerations:

1. Observe the dressing frequently. As the dressing absorbs, exudate will wick to the top of the dressing, and discoloration may be noticeable. When the exudate spreads to the edges of the dressing or the dressing begins to leak, a dressing change is indicated.
2. Dressing change frequency will depend on the type of wound, volume of exudate, and clinical situation. Change at least every seven days, or as indicated per treatment protocol.

#### Storage and Shelf Life:

For best results, store at room temperature. Avoid excessive heat and humidity. For shelf life, refer to the expiration date printed on each box.

#### How Supplied:

Supplied in boxes of individually packaged sterile dressings. Sterility of product is guaranteed unless the individual pouch is damaged or open.

If you have any questions or comments, in the USA please contact the 3M Health Care Customer Helpline at 1-800-228-3957.

In Canada, contact 3M Canada Company, P.O. Box 5757, London, Ontario, N6A 4T1, 1-800-364-3577.

Outside the United States, contact your local 3M subsidiary.

*In vitro* testing shows that the transparent film provides a viral barrier from viruses 27 nm in diameter or larger while the dressing remains intact without leakage.

#### Explanation of Symbols:



Do not use if package is damaged or open



This product and package do not contain natural rubber latex.



Caution, see instructions for use



Do not reuse



Use by date



Batch code



Manufacturer



Sterilized using irradiation

**CE** 0086

Made in U.S.A. by

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St. Paul, MN 55144

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