

# 3M™ Tegaderm™ Foam Adhesive High Performance Foam Adhesive Dressing

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## Description:

3M™ Tegaderm™ High Performance Foam Adhesive Dressing is a highly absorbent, breathable wound dressing. It is constructed from a conformable polyurethane foam pad, additional absorbent nonwoven layers, and a top layer of transparent adhesive film. This film is moisture vapor permeable which prevents wound exudate strike-through and acts as a barrier to outside contamination, including bacteria and viruses.\*The dressing maintains a moist wound environment, which has been shown to enhance wound healing. The dressing is supplied sterile.

## Indications for Use:

Tegaderm™ Foam Adhesive dressing is designed to allow easy, one-handed application to difficult body contours, including heels and elbows, without the need for cutting. The dressing is indicated for use as a primary dressing for low to highly exuding, partial and full thickness dermal wounds, including:

- pressure ulcers
- venous leg ulcers
- abrasions
- superficial partial-thickness burns
- donor sites
- arterial ulcers
- skin tears
- neuropathic ulcers

## Additional applications of Tegaderm™ Foam Adhesive dressing include:

- use as a secondary (cover) dressing in conjunction with wound fillers (such as gauze or alginate dressings).
- use under compression wrap systems for venous leg ulcer treatment.

This product is not designed, sold or intended for use except as indicated. Tegaderm™ Foam Adhesive dressing is not intended for use in pressure reduction or as a surgical sponge.

## Contraindications:

None known

## Warnings:

None known

## Precautions:

1. Do not use Tegaderm™ Foam Adhesive dressing in combination with oxidizing agents such as hydrogen peroxide or hypochlorite solution. These solutions may affect the structure and performance of the polyurethane foam.
2. At the time of dressing change, if the dressing is adhered to the wound surface, saturate with normal saline and gently loosen.
3. Observe the wound for signs of infection. If infection occurs, signs of which may be fever, increased pain, redness, swelling or an unusual odor or discharge, see a health care professional. Tegaderm™ Foam Adhesive dressing may be used on infected wounds only under the care of a health care professional.
4. If the wound does not begin to show signs of healing or if any other unexpected symptoms occur, consult a health care professional.

## Directions for Use:

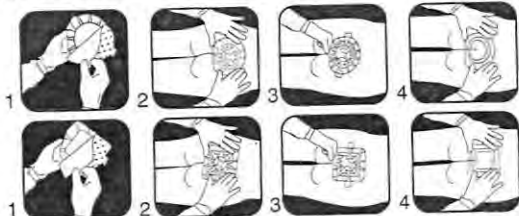
Note: Follow facility guidelines for infection control.

### Before Using the Dressing:

1. Clip excess hair for patient comfort.
2. Cleanse wound and surrounding skin according to facility policy. Note: If periwound skin is fragile or exposure to wound exudate is likely, apply a barrier film. Allow the barrier film to dry before dressing application.
3. Assess wound. Select appropriate size dressing to ensure that the foam pad is larger than the wound area.

### Applying the Dressing:

1. Remove dressing from package.
2. Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border (Figure 1).
3. While holding the tabs, position the dressing over the wound.
4. Gently press the adhesive film border to the skin (Figure 2). Avoid stretching the dressing or the skin.
5. Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed (Figure 3).
6. Firmly press and conform the adhesive border to the skin (Figure 4).



### Heel/Elbow Application

1. Remove dressing from package.
2. Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border (Figure 1).
3. While stabilizing the leg or surrounding tissue with one hand, position the dressing over the wound (Figure 2).
4. With one hand, press or "cup" the dressing onto the skin. Continue to press and conform the dressing and adhesive border onto the skin (Figure 3).
5. Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed (Figure 4).
6. Firmly press and conform the adhesive border to the skin (Figure 5).



### Removing the Dressing:

1. Carefully lift the dressing edge from the skin. If there is difficulty lifting the dressing,