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SurePress

High Compression Bandage





### PRODUCT DESCRIPTION

The SurePress® High Compression Bandage is designed for patients with impaired venous return. If the patient has an ulcer, the SurePress High Compression Bandage should be used over a primary dressing. It is an elasticized bandage consisting of cotton/viscose, nylon and Lycra® with a yellow center line and two rectangular extension indicators for different size limbs. (See diagram under Number 4 in Instructions for Use.)

### INDICATION

Venous leg ulcer management and associated conditions where compression therapy is indicated.

## CONTRAINDICATIONS

Arterial and mixed venous/arterial ulcers.

Legs with an ankle circumference less than 18 cm.

As with all products, SurePress High Compression Bandage should not be used on individuals with a known sensitivity to the product or its components.

#### **PRECAUTIONS**

Initial use of this product should be under the direction of a healthcare professional.

If redness or irritation result or if toes become discolored black or blue, remove bandage and consult a healthcare professional.

Use of the SurePress High Compression Bandage directly in contact with an open wound is not recommended. INSTRUCTIONS FOR USE
Cleansing the Wound Site
Cleanse the ulcer according to
normal practice, rinse well and dry
the surrounding skin prior to
application of the primary dressing
and the compression bandage.

Following the application of a primary dressing, a SurePress™ Absorbent Padding (supplied separately) may be used as an underlayer before the compression bandage. This soft absorbent wrap helps to distribute graduated compression and protect bony, vulnerable areas and skin from any exudate leaking from the primary dressing.

# BANDAGE APPLICATION

- Determine whether the limb size is "normal" or "large" using a tape measure. Ankle sizes between 18-26 cm are considered "normal". Ankles in excess of 26 cm are considered "large".
- Having determined the limb size, select the small or large rectangular extension indicator on the bandage. The small rectangle should be selected for "normal" limb sizes and the large rectangle for "large" limb sizes.
- Start the bandage at the centre of the ball of the foot with the lower edge of the bandage at the base of the toes. Wrap the bandage using minimal tension
  - 1 1/2 times around the foot.
- Anchor the bandage with the thumb and start the turn around the heel.

Bandage, unstretched

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Stretched bandage for "Normal" limb (18-26 cm ankle)

Small box becomes square

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Stretched bandage for "Large" limb (over 26 cm ankle)

Large box becomes square





- Wrap the bandage over the front of the ankle and under the foot to cover the gap.
- 6. Then stretch the bandage until the selected rectangle becomes a square. Make a turn around the ankle area and proceed up the leg in a spiral fashion, overlapping the bandage on each turn by 50% of its width, using the continuous midline as a guide.





- Upon reaching the area just below the knee, cut off any excess bandage, fold under the cut edge and secure with tape.
- In edematous limbs the bandage should be checked regularly and may require frequent reapplication.

### BANDAGE REMOVAL

Remove tape, lift the free edge of the bandage and carefully unwind. Remove the primary wound dressing according to the instructions for use for that product.

## WASHING INSTRUCTIONS

Hand wash in warm soapy water (40° C/104° F) and rinse in cool water (20° C/68° F). Do not use detergent. To dry, squeeze thoroughly. Do not stretch, wring or iron. Do not apply direct heat. SurePress High Compression Bandage has been tested to produce compression for up to 20 washes.

### STORAGE PRECAUTIONS

Store at room temperature; avoid refrigeration and exposure to high humidity.