

For showering or tub bathing: Squeeze small amount onto soft washcloth. Lather, gently cleanse the skin, then rinse. Pat dry. For shampooing, apply small amount to dampened scalp, lather, then rinse.

No-rinse bed bathing or shampooing: Dilute 2-4 oz. of body wash per gallon of warm water. With a washcloth, gently cleanse skin, then pat dry. When shampooing, moisten washcloth with diluted solution. Use washcloth to gently massage hair and scalp clean (approx. 30-60 sec.) No rinsing necessary. Proper dilution ensures best result.