

# Brief Application Guide



## IN BED

Fully unfold the brief, roll the patient to one side. Align the top tape tabs with the top hip bone. Align the wetness indicator lines in the center of the perineal area.



Position the brief under the patient's bottom, gently fan and push the brief under the hip which is on the bed.



Gently tug on the front panel to make contact with the perineal area. Gently pull on the brief until it is smooth and fully expanded to the side.



If possible, position the patient on their back. Fold front wings of the brief toward the surface of the bed.

Gently tug on the folded front panel of the brief to make contact with the perineal area. Fully spread and smooth the front panel of the brief across the abdomen.

Fasten both bottom tabs first at an upward angle to cup the buttocks. Fasten both the top tabs at a downward angle to secure the product at the waist area.

The tabs should be one hand's width apart across the lower abdomen. If the tabs are closer or overlap, the patient should fit into a smaller size brief.

Always run a gloved finger under the elastic in the groin area to ensure an adequate leg seal and to prevent excessive tightness.



## SITTING

Prepare the product while the patient is toileted or before the patient is seated on the chair or lift sling.



Open only the back panel of the brief and place it on the chair or lift sling (tabs toward back of chair lift sling).



Fold front wings of the brief toward the surface of the chair or lift sling (inside blue layer of the brief should be visible.)



Position patient on the brief, tabs should align with top of hip bone.

Gently tug on the folded front panel of the brief to make contact with the perineal area.

Fully smooth and spread the front and back panels of the brief.

Fasten both bottom tabs first at an upward angle to cup the buttocks. Fasten both the top tabs at a downward angle to secure the product at the waist area.

The tabs should be one hand's width apart across the lower abdomen. If the tabs are closer or overlap, the patient should fit into a smaller size brief.

Always run a gloved finger under the elastic in the groin area to ensure an adequate leg seal and to prevent excessive tightness.



## STANDING

Fold brief inside out lengthwise. Slide the brief between the legs and gently move it up until it is in contact with the perineal area.



This technique is also recommended for application to patient with contractures while in bed.



Assure that the top tabs are aligned with the top of the hip bone, hip to hip.



Fully spread and smooth the front and back panels of the brief.

Fasten both the bottom tabs first at an upward angle to cup the buttocks. Fasten both the top tabs at a downward angle to secure the product at the waist area.

With Prevail's Easy-Lock Fastener® (ELF®) advanced closure tabs, the tab will not be sticky. ELF® tabs never lose their grip and can be applied anywhere on the cloth-like product to ensure a comfortable custom fit for each resident's body shape.

The tabs should be one hand's width apart across the lower abdomen. If the tabs are closer or overlap, the patient should fit into a smaller size brief.

Always run a gloved finger under the elastic in the groin area to ensure an adequate leg seal and to prevent excessive tightness.

# Trouble Shooting Guide

LEAKAGE	<ul style="list-style-type: none"> <li>√ Is the wearer in the proper product? Please refer to our Product Selection Guide.</li> <li>√ Is the wearer using the correct size? Briefs that are too large will leak because of sagging. Please refer to our Sizing Guide below.</li> <li>√ Is the product making contact with the perineal area? There should be a snug fit.</li> <li>√ Are the bottom tabs angled up to cup the buttocks?</li> <li>√ Are the top tabs angled at a downward angle for a snug fit at the waist?</li> <li>√ Are barrier creams being used? Overuse may diminish the wicking action of absorbent products. Use of barriers should be in accordance with the product's manufacturer's recommendations for appropriate use.</li> <li>√ Has product been "doubled-up" in an effort to maximize absorbency? Products are designed to be used in a singular fashion and applied properly. Using two products simultaneously (i.e. inserting a pad into a brief) will hinder the absorbency process and may cause leakage.</li> </ul>
SKIN IRRITATION	<ul style="list-style-type: none"> <li>√ Is the skin "scalded" at the mid-thigh area? Product may not be close enough to the perineal area. Position product close to the body for a snug fit.</li> <li>√ Is the skin blistered at the upper thigh? Elastics may be positioned incorrectly. Leg elastics should rest on the natural creases of the groin.</li> <li>√ Other potential causes of skin irritation:             <ul style="list-style-type: none"> <li>• Infrequent absorbent product changes</li> <li>• Inadequate skin care or pericare</li> <li>• Lack of repositioning</li> </ul> </li> </ul>
ABSORBENCY	<ul style="list-style-type: none"> <li>√ Confirm that the wearer is in the proper type of product</li> <li>√ Is the wearer using the properly sized brief. A product which is too large will leak because of sagging.</li> <li>√ Is the product making contact with the perineal area? Fit should be snug.</li> </ul>
ODOR	<ul style="list-style-type: none"> <li>√ Is the wearer receiving thorough pericare after each incontinence episode?</li> <li>√ Are soiled products being rolled up and secured before disposal? We recommend wrapping used items in plastic shopping bags or plastic gloves before disposing. Also, make sure you are using a trash receptacle with a secure lid.</li> </ul>

Brief Sizing Guide		
Small	20"-31"	Green
Medium	32"-44"	White
Regular	40"-49"	Lavender
Large	45"-58"	Blue
X-Large	59"-64"	Beige
2X Large	Up to 73"	Green
Bariatric	Up to 94"	White

Underwear Sizing Guide		
Small	20"-34"	Lavender
Medium	34"-46"	Green
Large	44"-58"	Blue
X-Large	58"-68"	Black
2X Large	68"-81"	Yellow

