

# Application Card

How to Use

## SUR-FIT Natura<sup>®</sup> Two-Piece Pouching System\*

*Begin by cleansing the peristomal skin with mild soap and water (soaps should be free of oils, cream and aloe). Do not use baby wipes. Pat dry thoroughly. The skin should be free of any solvent or greasy substances.*

### Preparation of Skin Barrier/Wafer



**1 Measure** your stoma using the measuring guide provided. Select a skin barrier with a flange (white ring) at least 1/2 inch larger than your stoma size. For flush or retracted stomas, convex skin barriers are recommended.



**2 Trace** the exact same stoma size onto the center white release paper on the back of the skin barrier.



**3 Cut** along the tracing with a curved scissor.

\*If using a pre-cut wafer, no cutting necessary.

\*ConvaTec skin barriers are available in Stomahesive<sup>®</sup> and Durahesive<sup>®</sup>, solid and flexible (white or tan collars) with or without convexity.



**4 A caulking material**, such as Stomahesive<sup>®</sup> Paste or an Eakin<sup>®</sup> Cohesive Seal, can be applied to the back of the skin barrier to further fill gaps between the wafer and the stoma. Allow the paste to set for one minute prior to application to the skin. (Do not spread the paste.)

### Application of Skin Barrier/Wafer



**5 Center** the skin barrier over the stoma. **Press** the skin barrier against the skin. If using a tape bordered skin barrier, remove the remaining backing paper one side at a time.



During application, maintain gentle pressure on the skin barrier for **30 seconds** to improve adhesion.

Please see "Tips" section on back for additional product information.

See package insert for complete Instructions for Use.

### Attachment of Pouch



Before attaching the pouch, allow a small amount of air to enter the pouch by gently separating it.



**If you are using a SUR-FIT Natura<sup>®</sup> drainable pouch with a clip**, for attachment of the tail clip, fold the bottom of the pouch over the tail clip only once. Press firmly on the center of the clip until it snaps securely closed.



**If you are using a SUR-FIT Natura<sup>®</sup> urostomy drainable pouch with a tap**, make sure the tap on the pouch is closed before attaching pouch to wafer.

**\*If you are using the InvisiClose<sup>®</sup> tail closure system**, a clip-less system, see the instructions for use on the back of this page.



Align the flange on the pouch with the flange on the skin barrier. Press them together beginning at the bottom and circling around the top side of the flange. You will hear several clicks as the system locks into place.

### Removal of Pouch



To easily remove the pouch from the skin barrier, gently pull downward on the plastic pouch tab and lift the pouch off. Anchor the wafer by holding it down with your other hand.



**SUR-FIT Natura<sup>®</sup> closed-end pouches:** Remove and discard as needed. (Do not flush.)

Filter covers are waterproof and should be used when bathing or swimming to prevent the filter from becoming wet. Remove filter cover after patting pouch dry.

### Removal of Skin Barrier/Wafer



Gently pull the skin barrier down, away from the skin, while supporting the adjacent skin with your other hand. To assist with the barrier removal, an AllKare<sup>®</sup> Adhesive Remover wipe may be used to remove any adhesive buildup.

## How to Use InvisiClose® Tail Closure System\*

These instructions apply to the SUR-FIT Natura® ostomy system with InvisiClose® Tail Closure System.

### Directions to Close the Pouch



The InvisiClose® Tail Closure System is comprised of a **security flap (A)**, **inter-locking closures (B)**, and **outlet end-strips (C)**.



**Hold the security flap** against the front of the pouch revealing the inter-locking closures.



**Fold the tail end up** towards you four times and ensure the inter-locking closures overlap.



**Press the inter-locking closures** together until you feel them lock (**click**) into place along their entire length.



**Wrap the security flap** around to the back of the pouch (**body side**) and press the inter-locking closures together until you feel them lock (**click**) into place.

#### Tips:

- For flush or retracted stomas, convex products are recommended to increase wearing time. Please refer to your healthcare professional or ConvaTec's Customer Interaction Center at 1-800-422-8811.
- SUR-FIT Natura® ostomy system may be worn as long as it remains comfortable and secure.
- Remember to empty your pouch when it is one-third full.
- The use of soap or cleansers in the pouch is not recommended. If desired, rinse only with tepid water.
- Filter covers are small stickers that can be found in the filtered pouch box. They are waterproof and should be used to cover the pouch filter when bathing or swimming to prevent the filter from becoming wet. Remove the cover after patting the pouch dry.

Durahesive, InvisiClose, SUR-FIT Natura and Stomahesive are registered trademarks of ConvaTec Inc. Realize the possibilities is a trademark of ConvaTec Inc. Eakin Cohesive is a registered trademark of T.G. Eakin Limited.

\*See package insert for complete Instructions for Use.  
© 2009 ConvaTec Inc. April 2009 AP-007370-US

### Directions for Draining the Pouch



**Turn the back of the pouch (body side)** towards you. Carefully lift the security flap up towards you to unlock.



**While holding the security flap up** against the front of the pouch, unlock the inter-locking closure by lifting at the corner and unraveling the folds four times.



**To facilitate draining** and/or cleaning, you may open the tail end by pushing in both ends of the outlet end-strips with your thumb and forefinger. If desired, pouch tail may be cleaned with gentle soap and water. Pat dry.

For more information or if you have questions, call

1-800-422-8811  
or

visit our website at [www.ConvaTec.com](http://www.ConvaTec.com)