

- 1. Choose the appropriate SafeStraw cylinder white cylinder for thin liquids or blue cylinder for nectar thickened.
- 2. Use one of the provided ¼" diameter flexi-straws, or one of your own. If straw is too long, simply cut to desired length.
- 3. Press straw firmly onto the tapered end of the SafeStraw cylinder. The wide end of the cylinder is the bottom.
- **4.** Place in drink and fill the cylinder by sucking once. Suck again to begin to use.
  - NOTE: Between sips, the float inside of the cylinder needs to reset, or fall to the bottom of the cylinder, to allow for full volume consumption on the next sip. Sink time of the float will vary depending on the thickness of the liquid (approximately 1-3 seconds for thin and 6-9 seconds for nectar thickened).
- 5. Disassemble after use and wash in hot water and soap, or the top rack of a non-industrial dishwasher.

The Bionix SafeStraw is designed for use with thin, water like liquids, or nectar thickened liquids. Use with carbonated beverages, or honey thickened will render the SafeStraw ineffective for limiting the volume of consumption.