

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Iron (ferrous gluconate)	27 mg	150%

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Hypromellose, Magnesium Silicate, Titanium Dioxide, Triacetin, Mineral Oil, FD&C Blue #1 Lake, Riboflavin and FD&C Yellow #6 Lake.

DIRECTIONS: Adults take one tablet daily with a full glass of water as a nutritional supplement, preferably with a meal.

FREE OF: Sugar, Sodium, Starch, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.