

# Supplement Facts

Serving Size: 1 Tablet

	Amount Per Tablet	% Daily Value
IRON (as Ferrous Sulfate)	65mg	361%

Each tablet contains 325 mg (5gr) Ferrous Sulfate, providing approximately 65mg of elemental iron.

**INACTIVE INGREDIENTS:** Cellulose, Croscarmellose Sodium, Crospovidone, Stearic Acid, Magnesium Stearate, Sodium Lauryl Sulfate, Magnesium Silicate, Hypromellose, Silica, FD&C Blue #2 Lake, Mineral Oil, Titanium Dioxide, FD&C Yellow #5 Lake (Tartrazine), FD&C Blue #1 Lake, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Calcium Sulfate, PEG, Talc

Store at room temperature

DISTRIBUTED BY:  
Gerl-Care  
Pharmaceuticals Corp.  
1650 63<sup>rd</sup> St.,  
Brooklyn, NY 11204



**TAMPER EVIDENT:** Do not use if imprinted seal under cap is missing or broken.

**DIRECTIONS:** Adults: take one (1) tablet daily with or after a meal as a dietary supplement, or as recommended by your physician.

Accidental overdose of iron containing supplements  
is a leading cause of fatal poisoning in children under 6.

**KEEP THIS PRODUCT OUT OF REACH OF CHILDREN**

In case of accidental overdose, seek professional assistance or  
contact a poison control center immediately.

**WARNINGS:** Do not exceed recommended dosage. The treatment of any anemic condition should be under the advice and supervision of a physician. Since oral iron products interfere with the absorption of oral tetracycline antibiotics, these products should not be taken within two hours of each other. **As with any supplement**, if you are pregnant, nursing, or taking medication, ask a health professional before use.

This product may occasionally cause constipation, diarrhea, or may color stool black. It may cause gastrointestinal discomfort (such as nausea) which may be minimized by taking with meals.

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