## ApriVera® Directions for use

**Bathing:** Apply APRIVERA® to a damp washcloth and rub into a rich moist lather. Use lather to wash body in a normal manner. Rinse thoroughly and dry body completely to prevent chapping.

**Shampooing:** Apply an "as needed" amount of APRIVERA® to predampened hair and with a gentle massaging action work lather through the hair and on to the scalp. Rinse and repeat if necessary.

**Foot Soak:** Add 1 to 2 capfuls of APRIVERA® to foot soak water to help soften hardened nails before pedicure.