

## Drug Facts

### Active Ingredient

(in each tablespoonful=15 mL)

### Purpose

Sorbitol 13.5 g..... Laxative

### Uses

• relieves occasional constipation and irregularity  
• generally produces bowel movement in 1/4 to 1 hour when used rectally  
• as a pharmaceutical aide (sweetener)  
• for other uses, ask your doctor

### Warnings

**Do not use** • when abdominal pain, nausea, or vomiting are present  
• for more than one week unless directed by a doctor

### Ask a doctor before use if you

• are taking mineral oil  
• have noticed a sudden change in bowel habits that lasts over 2 weeks

**Stop use and ask a doctor** if you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions • do not exceed recommended dose

Age	Dose
adults and children 12 years and over	For rectal use only. Enema dosage is 120 mL of a 25 to 30% w/v solution (1 part of this product with 2.3 parts water) in a single daily dose as needed, or as directed by your doctor.
children under 12 years	Ask a doctor.

### Other Information

• store at room temperature 15°-30°C (59°-86°F)  
• below 59°F cloudiness and thickening may occur; warming will restore clarity and fluidity without affecting product quality  
• do not freeze  
• store in original container  
• for institutional use only

**Inactive Ingredient:** water

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