

Assura® 2-piece Drainable and Urostomy Pouch Instructions for Use

Assura 2-piece Drainable and Urostomy Pouch – Instructions for Use

Drainable and Urostomy Pouches - Available in opaque and transparent pouches.

Wafers - Available in Extra-Extended Wear and Standard Wear adhesives. Also available in flat, convex light (shallow convexity) and convex (deep convexity).

PREPARATION



1. Cutting the wafer (if applicable) - Trace size and shape of stoma onto the cutting guide. Cut the hole in the wafer to fit (recommended cutting hole is $\frac{1}{16}$ " larger than stoma, or cut hole same size as stoma, with four radial slits). If the opening of the wafer is larger than the stoma, leakage may occur. Cutting is easier with curved scissors. Do not cut beyond the last circle on the guide. Ensure skin is clean and dry before applying the wafer. Stoma size may change over time, so measure stoma before placing an order.



2. Removal of protective paper - Remove the transparent protective paper. Place one thumb on the tab and pull the protective paper away with the other hand.



3. Application of flange - Place the wafer on the skin ensuring a snug fit around the stoma. Press firmly against the skin starting at the bottom and smoothing upwards with fingers.

Tip: Warm wafer between hands for one to two minutes, causing the adhesive to warm up to your skin – resulting in better wear time.

OUTLET PROCEDURE



1. If using flexible tie - Before applying the drainable pouch, close the open end by using the enclosed flexible tie. Remove the tie from the sheet and place the adhesive side down at the opening. If the tie is not placed correctly the first time, remove it and reposition. Fold up 4-5 times working towards the skin, and then fold back the ends of the tie. The pouch is now closed.



2. If using the plastic clamp -Before applying the drainable pouch, close the open end by using the enclosed plastic clamp. Place the side of clamp (with Coloplast logo) so that curve in clamp contours with your thigh. Pinch clamp together until you hear a click. The pouch is now closed.

POUCH APPLICATION WITH ASSURA LOCKING MECHANISM



1. Application of pouch - Make sure the lock ring is open. Press the coupling rings on the pouch and wafer together, starting at the bottom. Run your fingers around the coupling on the outside of the pouch, from bottom to top. When a slight click is heard, the pouch is securely positioned onto the flange. The pouch may then be turned to its optimal position.



2. Locking the pouch - Once the pouch is in optimal position, close the lock ring. To do this, use two fingers and simply squeeze the two ends of the lock ring together. When a click is heard, the pouch is securely locked to the wafer.

REMOVAL OF POUCH AND WAFER



- 1a. Opening lock ring- Open the lock ring by pressing the small tab on the pouch side with your fingertip. Press here



- 1b. Remove the pouch from the wafer by lifting up and pulling away from the wafer simultaneously. This is probably easiest if you hold onto the top of the pouch.



2. Removing wafer - The wafer is removed from the skin by peeling downward slowly and carefully, while holding the skin tight with the other hand.

EMPTYING OF POUCH



1. Urostomy Pouches – Hold the plug/end of outlet upwards and squeeze the outer end of outlet. Pull out the plug and relax your hold on outlet, then drain the pouch. Allow the contents to run out while you control the emptying with your fingers. After drainage is complete ensure that the plug is firmly closed. Close the outlet by folding the tubing into the holder. (Urostomy adaptors included in each box.)



2. Multi-Chamber Urostomy Pouches – If emptying with a multi-chamber outlet, after following Step 1, the outlet can be tucked under the soft fronting. The pouch will become more discreet.



Drainable Pouches

- 2a. Unfasten clamp or tie over the place where pouch is being emptied (hold up the end of pouch before taking off clamp or tie.) Drain the contents. If the stool is too thick, you can add tap water into the pouch to help loosen the stool. Wipe the end of the pouch with a tissue.



- 2b. Cuffing of pouch -Fold up or "cuff" the end of pouch to help keep the outlet clean. Be careful when cuffing to avoid tearing outlet at the seams. (This is optional.)



3. Cleaning of outlet -Wipe the end of the pouch with a tissue. Clean the outlet in one sliding movement away from your body. Be sure to get all the stool off the end of the pouch to avoid odor. "Uncuff" the end of the pouch and place the clamp/tie back onto the pouch to close. (Refer to Outlet Procedure for closure of the pouch.)

